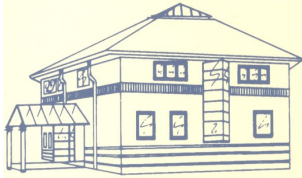


Patient Newsletter



TRAINING DAYS

**9 September
8 October
4 November**

GLMC will be closed from 1pm until the following morning at 8am to allow for staff training.

***In an emergency
please telephone
NHS 111***



**Hayley Brassington
Business Director
Autumn 2025**

FLU & COVID CLINCS

Flu season, is once again upon us. This year the national campaign has changed slightly. Most eligible adults will be able to get the flu vaccine from October 2025. Some patients have asked why our clinics seem a little later than usual and this is because the national campaign wants patients to have the best protection when flu is most widespread, which is from October onwards.

Our flu clinics for patients **over 65 years** or **18-64 year olds classed as at risk** will take place on the first three weekends in October.

Saturday 4th, Saturday 11th & Saturday 18th October 2025

September we will offer flu vaccines to pregnant women & also at risk children under 18 as well as well as any children who are 2 or 3 on 31 August 2025.

Invitations for all our eligible patients for September vaccination will be sent in due course. Our usual cohorts who are eligible from October will be invited in the coming weeks. We will, as in previous years use the self-booking system via SMS as this has worked well in recent years.

Please note, all eligible patients will also be offered their COVID vaccination at these clinics also. Please note the autumn boosters for COVID vaccination are being offered to a much smaller cohort of patients this year, therefore, even if you had it last autumn you may no longer be eligible.

MEN'S/WOMEN'S HEALTH EVENING

We will be hosting a women's health evening on 21 October. Our first event in July was a great success and the patient feedback for this was very positive. We are hoping to run similar sessions for other cohorts of patients so keep an eye on our website or messages from the surgery if one is being held that may interest you.

Patient Champion Meeting

The Patient Champions Group allows patients to engage with the practice and become more involved.

If you would like to join the next meeting, please contact
pcnchestercentral@nhs.net

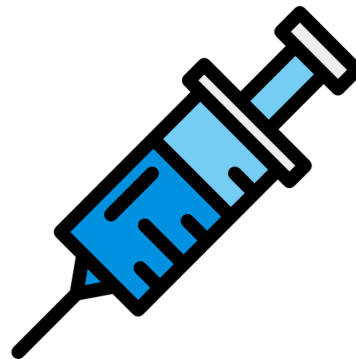
HPV CATCH UP CAMPAIGN

Did you miss your HPV vaccine at school? Everyone eligible aged between 16 years and 25 years are being invited into the surgery to catch up on their missed HPV vaccine from when they were in school.

The HPV vaccination is given to boys and girls in year 8 at school, but some people may have missed it at the time. If you were offered the vaccine in school and missed it, you can catch up anytime until your 25th birthday.

The HPV vaccine helps protect against a common infection called HPV, that in some cases can lead to some types of cancer, such as cervical, head and neck.

Speak to your GP surgery to check you have had your vaccine, and if you missed it, you can book your appointment to catch up. For more information on HPV and the HPV vaccine see the [NHS website](#)



To sign up to receive our Patient Newsletter by email each time it is published, simply go onto our website (as below), scroll to the bottom to the 'Keep up to date with the latest practice news' section and fill in the mini form. Each time a new Patient Newsletter is published you will then automatically be sent a copy via your email.

WEBSITE ADDRESS—www.gardenlanemedicalcentre.co.uk